



### VOLUNTEER UPDATE Spring, 2021

**FROM THE BOARD** 

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Covid Update - Camden Meals on Wheels implementation of current NSW Health COVID Safe requirements

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Your impact - read more about the impact that volunteers are Camden Meals on Wheels have on the community.



Unit 1, 18C Little Street, Camden NSW 2570 Phone: 02 4655 6822 Fax: 02 4655 6195 Office hours: 8.30am– 3.00pm Monday-Friday admin@camdenmealsonwheels.com.au 2021 has turned out to be a year we could never predicted, with a number of challenges thrown our way.

First and foremost we need to acknowledge the contributions of all of our volunteers in keeping the vulnerable elderly residents in our community safe and cared for in this time. Your contribution is appreciated by us, by your community and most importantly, by our clients.

Whether you delivered meals, wrapped gifts, supported in our operation, or just spread the word about our services, you have supported our community in a way that means so much to our clients and their families.

As always if you have any questions, please reach out to our team in the office, if you would like to contact anyone from the Board, please contact Alan via

manager@camdenmealsonwheels.com.au

Thank you from Alan, Clare, Bill, Linda, Deb Norm, Phil and Ron

- YOUR BOARD -

## **COVID SAFETY UPDATE**

Safety of our volunteers, clients and staff is always at the forefront of how we operate at Camden Meals on Wheels.

Whilst COVID has required us to deploy additional measures to ensure the safety of our community, it has meant some changes to how we may normally operate. We appreciate your support in implementing restrictions mandated by NSW Health including:

- wearing masks
- sanitising regularly
- not car pooling outside of household groups
- QR code check ins

We wholeheartedly thank our volunteer team for your support of the need to make these temporary changes. We look forward to being able to reduce restrictions in line with changes to NSW Health Safety advice in the near future.

### Keeping yourself and your community safe

Remember, the advice from Mealth is to keep you and your community safe.



Get Tested if unwell



Wear a Mask



Use Hand Sanitiser

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Stay 1.5m apart



# NATIONAL MEALS ON WHEELS DAY

The contributions of our volunteer team were recognised on National Meals on Wheels Day. For those of you who do not have access to social media, we wanted to share with you the messages from community leaders.

#### Angus Taylor, Federal Member for Hume

It's National Meals on Wheels Day. Thank you to the incredible volunteers who deliver meals in rain, hail, sunshine or pandemic!

I had the pleasure of joining Camden Meals on Wheels on their delivery run a couple of months ago - they offer fantastic service to our community. Once again, a big thank you to all the volunteers for your valuable contribution.





#### Therese Fedeli, Mayor of Camden

Today marks National Meals on Wheels Day. It's an absolute honour to shine the light on the fantastic volunteers at our local Camden Meals on Wheels, as well as all the volunteers across the Camden area. Our volunteers are the glue that holds the Camden community together and, without these fantastic people, our area and our community would not be what it is today.

I'd like to take this opportunity to thank you, and say how grateful we all are for your hard work. #camdenproud

**Peter Sidgreaves, State Member for Camden** Today is National Meals on Wheels Day Thank you to all the volunteers and staff at Meals on Wheels for the wonderful support you provide to our community





## YOUR IMPACT

At Camden Meals on Wheels, our motto is that we are 'more than just a meal'. Our volunteers have made this possible by providing:



31,454 Meals

Delivering a meal is just part of the service. The friendly chat, the welfare check and the peace of mind you give to our clients family.



In a time of unprecedented isolation in our community, you have provided connection and support for our clients.



#### 3,384 transport trips

Helping clients access services, including essential medical appointments helps them to continue to live independently.

### Some words from our clients and their families



"We are so happy to have you guys in our lives. You have made a BIG difference to mine. Thank you to each and every one of you."

- Lorraine



"The volunteers at Meals on Wheels just put the biggest smile on my face, and they make me feel good for the rest of the day."

- Pam



"The smallest things make the biggest difference in lives... you do an amazing service in our community."

- Jennifer

